



HUBSB

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PHARYNGEAL CONSTRICTORS

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PHARYNGEAL CONSTRICTORS

Understanding the structures passing between the pharyngeal constrictors is crucial for grasping the intricate anatomy of the pharynx and its role in swallowing and vocalization.



VISUAL REPRESENTATION

PHARYNX - MUSCLES & STRUCTURES ENTERING IT



Below inferior constrictor and passing upwards are:

- 11. Recurrent laryngeal nerve
- 12. Inferior laryngeal vessels



PHARYNGEAL CONSTRICTORS

OVERVIEW OF PHARYNGEAL CONSTRICTORS

- Definition and Function:
- The pharyngeal constrictors are three muscles (superior, middle, and inferior) that form the muscular wall of the pharynx.
- They play a vital role in the process of swallowing, propelling food and liquids into the esophagus.
- Anatomical Arrangement:
- The constrictors are arranged in layers, with the superior, middle, and inferior constrictors forming a sequential muscular tube.
- They collaborate in a coordinated manner during the swallowing reflex



PHARYNGEAL CONSTRICTORS

STRUCTURES PASSING B/W CONSTRICTORS

- **Superior Constrictor Gap:** Known as the gap or opening in the posterior aspect of the superior constrictor
- Allows passage for the pharyngeal branch of the vagus nerve and the stylopharyngeus muscle.
- *Middle Constrictor Gap:* Presents an opening between the superior and middle constrictors
- Accommodates the glossopharyngeal nerve and the stylopharyngeus muscle.
- Inferior Constrictor Gap : Formed by the cricopharyngeus muscle, an opening between the middle and inferior constrictors
- Permits the passage of the esophagus as it traverses through the pharynx.

CLINICAL APPLICATIONS

- **Dysphagia Assessment:** Understanding the gaps between constrictors is crucial for assessing dysphagia, a condition affecting swallowing
- Dysphagia can result from structural abnormalities or neurological disorders impacting these passages.
- **Neurovascular Implications:** Knowledge of structures passing through these gaps is essential for avoiding complications during surgical interventions in the neck and pharynx.
- **Computed tomography (CT) scans and magnetic resonance imaging (MRI)** are employed to visualize the anatomy of the pharynx.





Question: Which gap between pharyngeal constrictors accommodates the esophagus?

(A) Superior Constrictor Gap
(B) Middle Constrictor Gap
(C) Inferior Constrictor Gap
(D) Cricopharyngeus Gap

Answer: (C) Inferior Constrictor Gap

